



EMERALD KEEPERS

50+ Things

YOU CAN DO TO TAKE ACTION

CREATE A SUSTAINABLE LIFESTYLE

1. Say no to plastic bottles and use a reusable bottle for water.
2. Carry reusable utensil sets. Bamboo sets can be ordered online at emeraldkeepers.org.
3. Say no to plastic straws and lids.
4. Walk or ride your bicycle whenever possible.
5. Make your next vehicle electric.
6. Consider buying a golf cart for use around town.
7. Eat less meat. Meat production is one of the most environmentally destructive industries on the planet due to excessive water use, pollution, greenhouse gas emissions and habitat destruction.
8. Enact Meatless Mondays.
9. Switch to paperless bills and emailed publications; pay household bills online.
10. Opt for products that have less plastic packaging.
11. Choose cans over plastic bottles.
12. Recycle your newspapers and/or consider shifting to online periodicals.
13. Pack lunch items in reusable containers.
14. Buy items in bulk and avoid single serving packages with excessive individualized packaging.
15. Use e-tickets rather than printing.
16. Repair or repurpose items whenever possible.
17. Purchase items from companies with a commitment to the Earth.
18. Do with less.
19. Gift experiences or food items rather than "things."

BUILD COMMUNITY

1. Join a beach clean-up or lead your own — it's a chance to show a large group of people how big the problem of pollution and plastics is.
2. Shop second-hand stores and garage sales — reuse instead of buying new.
3. Buy organic. Conventional farming methods rely on pesticides that contaminate our ecosystem and be harmful to human health.
5. DO NOT idle your car while parked.

6. Avoid aggressive acceleration and deceleration when driving. Gentle acceleration and braking can save gas and money.
7. Use cruise control to maintain optimal efficiency AND save money!
8. Pick up trash in your neighborhood. Don't walk past trash. If not you, who?
9. Shop local farmers' markets.
10. Scoop dog poop, so it stays out of the storm drains.
11. Visit the Coronado public library instead of buying new books.
12. Watch environmental documentaries to learn more about caring for our planet.
13. Read a book about the environment.
14. Let your local, state, and federal representatives know you want to make sustainability and clean renewable energy a top priority.

TRANSFORM YOUR HOME

1. Transition to LED lights.
2. Use low-flow faucets and toilets.
3. Turn off power switches and unplug appliances when not in use.
4. Consider SDG&E's EcoChoice and EcoShare renewable energy programs offering more energy from renewable sources.
5. Consider putting solar panels on your home.
6. Clean GREEN using non-toxic products. Choose products with refillable options.
7. Don't heat or air-condition an empty home. Set your thermostat to function only when people are in the house.
8. Buy rechargeable batteries.
9. Dispose of old batteries properly with the City.
10. Dispose of old medicines at the Police Station drop box.
11. Keep houseplants.
12. Run only full laundry loads and dishwasher cycles.
13. Stop using toxin-laden dryer sheets.
14. Conserve water whenever possible.
15. Take a "Navy shower" by turning off the water while lathering up.
16. Consider a grey water system to water your landscaping.
17. Create art from recycled materials.

CHANGE-UP KITCHEN HABITS

1. Carry reusable grocery bags and always use them.
2. Use reusable vegetable and fruit bags or a basket when you shop instead of plastic bags.
3. Don't waste food. One-third of all food goes to waste, and food waste is the third highest source of greenhouse gas emissions. Get creative with your leftovers and manage what you purchase and consume thoughtfully.
4. Say no to plastic wrap and baggies. Use reusable containers or reusable beeswax wraps.
5. Repurpose and reuse household items such as glass jars and bottles for storing food, drinking, and gifting treats.
6. Clean your refrigerator coils; vacuum the dust and wipe with a damp cloth to improve efficiency.
7. Use cloth napkins instead of paper.
8. Avoid plastic products when entertaining. Simply wash reusable flatware, dishes, glasses and mugs.
9. Maintain an organic waste collection bin on your kitchen counter or under your sink. Put organic waste in your compost or EDCO green bin along with your yard waste.

CREATE A SUSTAINABLE GARDEN

1. Start composting your organic waste.
2. Grow vegetables and fruits.
3. Rake your yard and clean your gutters to keep yard waste from clogging storm drains.
4. Use an electric yard blower or broom. Gas blowers are banned in Coronado.
5. Try a push mower (manual) and get a real work out accomplished while caring for your yard.
6. Replace your lawn with xeriscaping. California American Water Company provides rebates to switch to a water-wise landscaping.
7. Plant trees to sequester carbon in the atmosphere and provide shade.

JOIN EMERALD KEEPERS BY SIGNING OUR PLEDGE AT EMERALDKEEPERS.ORG AND RECEIVE OUR MONTHLY NEWSLETTER. JOIN THE WAVE OF CHANGE.

For more information visit EMERALDKEEPERS.ORG